

## **BURE PARK PRIMARY SCHOOL**

### **SEX & RELATIONSHIPS EDUCATION POLICY**

The Education Reform Act of 1988 states that schools should provide a curriculum which, 'promotes the spiritual, moral, cultural, mental and physical development of pupils...and of society; and prepare such pupils for the opportunities, responsibilities and experiences of adult life.'

Sex Education is an important dimension of a child's statutory entitlement and is an integral part of the PSHE provision. Sex Education is an umbrella term for all the teaching and learning we offer pupils to understand their own and others' sexuality and to develop skills for relationships and informed decision making.

#### **STATEMENT OF VALUES FOR SEX EDUCATION**

For example: SRE will reflect the values of the PSHE programme. SRE will be taught in the context of relationships. In addition, SRE will promote children's self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

#### **AIMS**

- Develop confidence, listening and thinking about feelings and relationships.
- Ensure that Sex Education is fully integrated into the curriculum and not isolated, taken out of context or over/under emphasised in any way.
- To equip the child with self awareness, personal esteem and respect for others as the cornerstone of good health education and, therefore, good sex and relationships education.
- Ensure children are aware of the variety of human relationships and are able to accept their own and others' sexuality.
- Create an atmosphere where questions and discussion on sexual matters can take place without fear or embarrassment.
- Maintain a whole school approach to Sex and Relationships Education.
- Make children aware of the variations of growth and development, physically, mentally and socially, and the changes they may encounter.
- Make children aware of sources of help and ensure that they have the skills and confidence to use them.
- Are prepared for puberty.
- Nurture a partnership between adults – governors, teachers, ancillary staff and parents – to ensure sensitive support for children as they grow and mature.

#### **TEACHING AND LEARNING**

Effective teaching of Sex and Relationships Education will increase pupils' knowledge of:

- Body knowledge – name parts of their body and explain how it works.
- Human growth and development

- Families, parenting and life cycles
- Safety and child protection
- Sources of help, reference

It will also enable pupils to:

- Improve their self esteem
- Make informed choices and decisions
- Develop personal initiative and be able to take responsibility
- Recognise personal skills and qualities in themselves and others
- Maintain and develop relationships
- Develop self confidence
- Develop assertiveness in appropriate situations

At Bure Park Primary School, we believe that Sex and Relationships Education is the entitlement of each child and we are committed to deliver it within the context of a broad and balanced programme of health education, using SEAL and a Community Nurse from the School Health Team. Within each learning program, clear guidelines and ground rules need to be established. Within the curriculum and the whole school environment, pupils will be given frequent and regular opportunities to work on feelings and to practise personal and interpersonal skills. Generally, mixed gender lessons will take place but, when appropriate, issues to be taught in single gender groups. Children need to be aware that there is diversity in families but whatever the make-up, each family needs to be valued.

As a staff, we value and respect the learning that occurs in the community and in the home, believing that these, alongside school links, are essential dimensions of Sex and Relationships Education. We will involve and inform parents of children in Key Stage 2 about the Sex and Relationships Education programme within the curriculum. These parents will be given the opportunity to view materials and make informed decisions on whether their child should be fully involved in the relevant lesson.

Parents have the right to withdraw their child from, part or all of the Sex and Relationships Education at school. Where this is the case, we will endeavour to provide suitable resources to use at home. Parents are invited in to review the materials which will be used in Sex and Relationships Education, e.g. videos, lessons, etc.

### **Resources:**

- Health visitors
- SEAL RESOURCES
- Parents
- DVDs
- Books
- Posters