

PE Long Term PE Curriculum Overview



	Autumn Term		Spring Term		Summer Term	
Foundation	Introduction to PE	Ball skills	Fundamentals	Ball skills	Fundamentals	Games
Year 1	Sending and receiving Fundamentals Yoga	Ball skills Dance	Multiskills Drumba	Target games Striking and fielding	Athletics Fitness	Athletics Net and wall
Year 2	Fundamentals Sending and receiving Yoga	Ball skills Drumba	Multiskills Gymnastics	Striking and fielding Target games	Athletics Fitness	Athletics Invasion Games
Year 3	OAA Ball Skills	Netball Drumba	Dodgeball Dance	Tennis Fitness	Athletics Volleyball	Rounders Cricket
Year 4	OAA Swimming	Football Swimming	Hockey Swimming	Cricket Gymnastics	Athletics Drumba	Rounders Fitness
Year 5	OAA Fitness	Netball Gymnastics	Dodgeball Drumba	Tennis Swimming	Athletics Swimming	Rounders Tag Rugby
Year 6	OAA Drumba	Football Tag Rugby	Hockey Dance	Cricket Fitness	Athletics Volleyball	Rounders Swimming